# COMMUNITY-BASED PROGRAMS AND PROGRAM TYPES

# Training Objectives

- Community-based programs
- Programs, services, and treatments
- Evidence-based practices
- Program types
- Risk and Needs Assessments
- Program Referrals

### 83<sup>rd</sup> Texas Legislative Session 2013, Senate Bill No 1



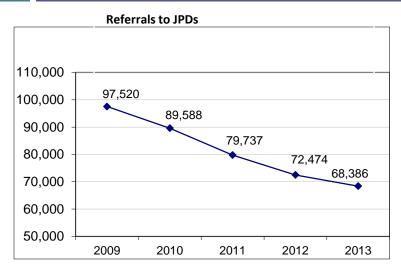
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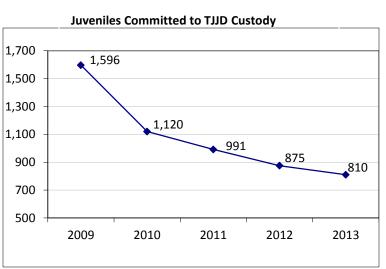
- Following current research and best practices, provide technical assistance on the design, implementation, and evaluation of programs operated by juvenile probation departments
- Assist in developing logic models for all programs and recommended performance measures by program type

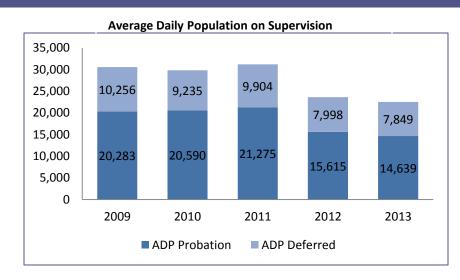
### Juvenile Probation in FY 2013

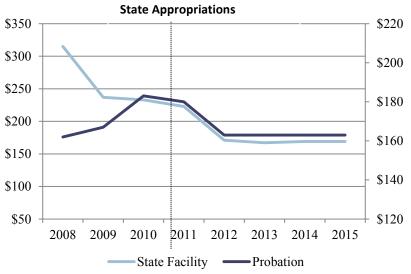
- 48,344 juveniles referred
- 30,314 juveniles on active deferred prosecution or probation supervision
- 21,775 juveniles enrolled in community-based programs
- 4,425 juveniles placed out of the home in secure or non-secure post-adjudication placements
- 810 juveniles committed to TJJD
- 206 juveniles transferred to the adult system

# Trends in Juvenile Justice









# Interest in Community Programs

- 2009 Mandate to collect comprehensive data concerning the outcomes of programs
- 2011 Mandate to develop performance measures of the effectiveness of programs and services on the outcomes of youth
- 2013 Mandate to provide in-depth training and technical assistance on program design, implementation, and evaluation

# Defining a Program

# What is a Program

- May involve a single or multiple planned or coordinated activities or interventions:
  - Has a curriculum and follows a strategy or plan

Designed to address a specific purpose or goal

 Goals include, but are not limited to, altering a juvenile's behavior to reduce delinquency and providing information and support

# **Examples of Programs**

- Substance abuse education and treatment
- Anger management
- Counseling
- Mentoring
- Victim offender mediation
- □ Sex offender treatment
- Informational classes
- Parenting skills/training
- Specialized caseloads

### What is a Service

- Typically a one-time event
  - Not associated with a program

- Designed to meet a juvenile's immediate and pressing needs
  - Provides assistance or support

### Examples of Services

- Medical appointment
- Assessments and psychological testing
- Transportation
- School supplies
- Crisis intervention (single session)
- Purchase medication
- Educational testing

### **Program**

Planned or coordinated activity

Participation by attendee encouraged/required

Uses curriculum or follows a strategy or plan

Goal with measurable outcomes

No time restrictions

No designated funding source

### **Service**

Typically a one-time event

Involvement by participant is not usually required

No curriculum or long-term strategy

Goal is to address an immediate or pressing need

### What is a Treatment

- Used for tracking behavioral health interventions
- Care intended for or used to remedy a behavioral health problem
- Occurs over time but does not have a curriculum

 Focus on the well-being of the juvenile not the behavior

### Examples of Behavior Health Treatment

Medication management

Skills training

Crisis intervention (multiple sessions)

Case management

### **Program**

Planned or coordinated activity

Participation by attendee encouraged/required

Uses curriculum or follows a strategy or plan

Goal with measurable outcomes

### **Treatment**

No time restrictions

No designated funding source Involvement by participant is not usually required

No curriculum or long-term strategy

Focus on the well-being of youth

# Determining What Works

### Juvenile Justice Field Continues to Evolve

- Pre-70's Offenders can be rehabilitated
- □ 70's "Nothing Works"
- 80's "Super Predator":
  - Tough on crime
- □ 90's Effective and Promising programs:
  - Blueprint programs

# Strong Foundation of "Evidence"

- In 2014 there is a strong foundation for "what works"
- Evidence-based principles throughout the juvenile justice system
- Expectation that evidence be incorporated into department processes

### What Do You Mean "Evidence-Based"

Refers to the use of research and scientific studies as a base for determining best practices, and to ensure techniques and procedures will provide the best possible interventions or treatments

# Effective Programs

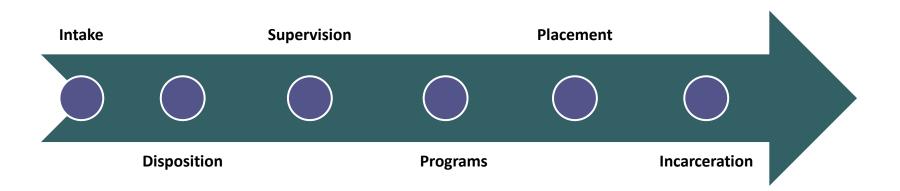
- Best Practice
- ✓ Model
- Promising
- Blue Ribbon
- Research Supported
- Exemplary



 For juvenile justice, "effective" means programs proven to improve outcomes (recidivism)

### **Practices and Programs**

Use of "evidence-based" practices can improve youth outcomes at all points in the juvenile justice "pipeline"



# Primary Principles

Identification of Risk and Needs:

- Assessments should be used to determine a juvenile's risk of re-offense and need for services:
  - "Criminogenic" needs
- Information from assessments should inform disposition, supervision, and program decisions
- High risk youth should be targeted for supervision and services
- Needs should determine program participation

# Primary Principles

□ Use approaches that work:

- Confinement, deterrence, discipline, surveillance, and punitive approaches are not found to be effective
- Therapeutic, cognitive behavior, and behavior modification approaches **are** found to be effective
- Consideration for a juvenile's ability to benefit from their time in the program

# Program "Evidence"

Programs that have been shown to work have a strong Framework

- □ Framework includes:
  - Having clear program goals
  - Knowing who you intend to serve
  - Having program activities that can achieve goals
  - Establishing expected output and outcomes

Use information to review and improve outcomes

### What is the Purpose

- 6 program categories
- 34 program types have been approved by TJJD
- Each program has a mission that is in line with a distinct purpose:
  - Treatment
  - Activity
  - Surveillance
- Currently 42 programs in the Program Registry

### Is Long-Term Change the Purpose

□ Treatment-Based Programs:

Intensive intervention

- Addresses underlying needs
- Focuses on developing the skills to change behaviors or addressing triggers for negative behaviors
- Provided by licensed, certified, or specially trained staff

### Is Education or Support the Purpose

- Activity/Skills-Based Programs:
  - Provides new information
  - Equips youth with tools to identify and change negative behaviors
  - Time enrolled in the program is spent engaged in activities
  - Provided by JPOs or specially trained staff who may have licenses or certifications

# Is Monitoring the Purpose

□ Surveillance-Based Programs:

Ongoing control or intensive supervision

Programming is not curriculum based, but entails electronic monitoring or frequent meetings with the JPD

Provided by JPOs

# Examples of Program Types

### Treatment

- TJJD Categories:
  - treatment
  - intervention

- Examples include:
  - mental health
  - anger management
  - specialized courts
  - sex offender treatment

### Activity

- TJJD Categories:
  - prevention
  - education
  - awareness
- Examples include:
  - education
  - early intervention
  - life skills
  - experiential education

### Surveillance

- TJJD Categories
  - surveillance

- Examples include:
  - electronic monitoring
  - home detention
  - ISP

Program types may fall into multiple categories depending on the actual program

# RISK AND NEEDS ASSESSMENTS

# \*\*Primary Principles

Identification of Risk and Needs:

- Assessments should be used to determine a juvenile's risk of re-offense and need for services:
  - "Criminogenic" needs
- Information from assessments should inform disposition, supervision, and program decisions
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Score: 0

Score: <sup>0</sup>

8. EVER FAILED A GRADE: N

9. JUVENILE IS CHRONICALLY TRUANT: N

10. Juvenile's Peers: Positive or Mixed

11. Juvenile Exhibits Aggressive Behavior : N

Total Risk Score: 0

Risk Level: Low

### Juvenile Probation Risk and Needs Assessment

	Suverine Probation Ris	sk allu	Needs Assessment		
	PART I – Juve	NILE ÎNFORM	MATION		
Juvenile's Name: NADINE GONZALES	5	PID#: 1234567	Referral #: 7654321		
Date of Referral: 05/14/2014	Date of Birth: 12/01/1998	Gender: F	Date of Assessment 05/14/2014		
PART II – RISK ASSESSMENT			PART III – NEEDS ASSESSMENT		
1. Age at Firs Score: 0	T REFERRAL: 16	1.	PRIOR TRAUMATIC EVENT(s): N Score: 0		
2. TOTAL REFI Score: <sup>0</sup>	ERRALS TO JUVENILE PROBATION: 1	2.	MENTAL HEALTH NEEDS: N Score: 0		
3. Drug Use: Score: <sup>0</sup>	None or Rare	3.	CURRENT OFFENSE IS A VIOLENT FELONY: N		
4. PARENT GUA Score: <sup>0</sup>	ARDIAN SUPERVISION/CONTROL: Mostly Effective	4.	FAILING UNDER COMMUNITY SUPERVISION: N Score: 0		
5. PARENT HAS Score: 0	A CRIMINAL HISTORY: No Prior	5.	SIBLING HAS CRIMINAL HISTORY: N Score: 0		
6. NUMBER OF Score: 0	PRIOR RUNAWAYS: 0	6.	FREQUENT SUBSTANCE USE: N Score: 0		
7. # OF SCHOO	L DISCIPLINE REFS IN PAST YEAR:	7.	CURRENTLY FAILING 2+ SUBJECTS IN SCHOOL:		

<del>-</del>	
Total Needs Score: 0	_
Needs Level: Low	-
SUGGESTED CASE PLAN DOMAIN	4



### **Juvenile Probation Risk and Needs Assessment**

PART I — JUVENILE INFORMATION					
Juvenile's Name: JESSY JOHAN		PID#: 5512355	Referral #: 1234765		
Date of Referral: 09/10/2014	Date of Birth: 12/01/1998	Gender: F	Date of Assessment: 09/10/2014		
PART II – RISK ASSESSMENT		PART III – NEEDS ASSESSMENT			

PART II – RISK ASSESSMENT		PART III – NEEDS ASSESSMENT		
1.	AGE AT FIRST REFERRAL: 13	1. PRIOR TRAUMATIC EVENT(s): Y		
	Total Referrals to Juvenile Probation: 2 Score: 0	2. MENTAL HEALTH NEEDS: N		
3.	Drug Use: Occasional Score: 3	3. CURRENT OFFENSE IS A VIOLENT FELONY: N Score: 0		
	PARENT GUARDIAN SUPERVISION/CONTROL: Some Difficulty  Score: 2	4. FAILING UNDER COMMUNITY SUPERVISION: N Score: 0		
	PARENT HAS A CRIMINAL HISTORY: NO Prior  Score: 0	5. SIBLING HAS CRIMINAL HISTORY: Y Score: 1		
	Number of Prior Runaways: 2 Score: 2	6. FREQUENT SUBSTANCE USE: N Score: 0		
	# OF SCHOOL DISCIPLINE REFS IN PAST YEAR: 3 SCOTE: 1	7. Currently Failing 2+ Subjects in School: Score: 0		
	EVER FAILED A GRADE: Y Score: 1	Total Needs Score: 2  Needs Level: Medium		
	Score: 1  Positive or Mixed			
	Juvenile's Peers: Positive or Mixed  Score: 0 N	SUGGESTED CASE PLAN DOMAIN		
11.	Score: 0	Education		
	Total Risk Score: 13  Risk Level: Medium	Mental Health		

Family Services



10. Juvenile's Peers: Negative

Score: <sup>0</sup>

11. JUVENILE EXHIBITS AGGRESSIVE BEHAVIOR:  $\forall$ 

Total Risk Score: 21

Risk Level: High

### **Juvenile Probation Risk and Needs Assessment**

PART I – JUVENILE INFORMATION					
Juvenile's Name: JESSICA BUTLER		PID #: 1234765		Referral #: 7651234	
Date of Referral: Date of Birth: 05/14/2014 12/01/1998		Gender: F		Date of Assessment: 05/14/2014	
PART II – RISK ASSESSMENT		PART III – NEEDS ASSESSMENT			
1. AGE AT FIRST Score: 4	Referral: 10		Score:	ent(s): <u>\(\frac{\fin}}}}}}}{\frac{\fint}{\fint}}}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\fin}}}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\fir}}}}}}{\firac{\frac{\frac{\frac{\frac{\frac{\frac{\fir}}}}}}}{\frac{\frac{\fir}{\firac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\f{\fin}}}}}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac}</u>	
2. Total Referrals to Juvenile Probation: 5		2.	MENTAL HEALTH NEE	DS:	
Score: 1  3. DRUG USE: _F		3.		A VIOLENT FELONY: Y	
Score: 4		4.	Score: 2 FAILING UNDER COMM	MUNITY SUPERVISION:	
5. PARENT HAS A Score: 1	CRIMINAL HISTORY: Prior	5.	SIBLING HAS CRIMINAL Score: 1	L HISTORY: Y	
6. Number of P	RIOR RUNAWAYS: 4	6.	FREQUENT SUBSTANC	e Use: Y	
Score: 2		7.	CURRENTLY FAILING 2 Score: 1	2+ SUBJECTS IN SCHOOL: Y	
Score: 1				Score: 11	
9. JUVENILE IS C Score: <sup>1</sup>	HRONICALLY TRUANT: Y		Needs Leve	I: High	

### SUGGESTED CASE PLAN DOMAIN

Safety / Security

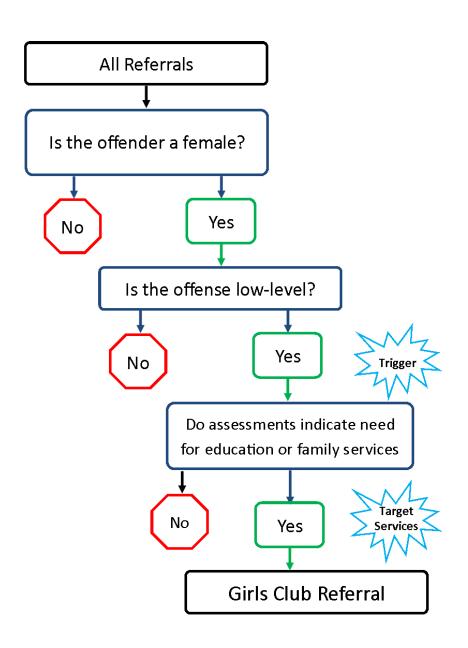
Education

Mental Health

Substance Abuse

Family Services

### **Girls Club Program Entry Flow Chart**



### Contact Information and Resources

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  - **512-490-7767**
  - nadine.butler@tjjd.texas.gov

### Resources:

- "Model Programs Guide" and "The National Center for Proven Practices Research" - Office of Juvenile Justice and Delinquency Prevention <a href="http://www.ojjdp.gov/">http://www.ojjdp.gov/</a>
- Office of Justice Programs <a href="http://ojp.gov/programs/yvp">http://ojp.gov/programs/yvp</a> programs.htm
- Improving the effectiveness of Juvenile Justice Programs Center for Juvenile Justice Reform Georgetown University, Lipsey, Howell, Kelly, Chapman, Carver <a href="http://cjjr.georgetown.edu/pdfs/ebp/ebppaper.pdf">http://cjjr.georgetown.edu/pdfs/ebp/ebppaper.pdf</a>
- "National Registry of Evidence-Based Programs and Practices" Substance Abuse and Mental Health Services Administration
  - http://beta.samhsa.gov/ebp-web-guide